

# Park Nottingham u3a Newsletter

## May 2026

### Chair's Note

Well, the weather has improved and several groups were able to enjoy activity on fine days, as you will see in this month's newsletter.

Mike Siebert gave us a fascinating talk on the issues involved in trying to build and adapt housing to meet the climate change agenda and introduced a new material that radiates infra-red heat as a potential game-changer for domestic use.

A new (to me, and several members) National Trust venue greeted the Local History Group whilst two of the walking groups benefitted from a cessation of the interminable rain.

You may notice that there is no report from the Short Walks group this month. That is because the joint convenors, Jane Ellis and Melissa Long have stepped down and, as yet, no one has offered to take on the role. If anyone does, Jane or Melissa would be happy to help and Sue Keen, our Groups Coordinator is always on hand with advice. This does point up the need for group members to be aware that group leaders may not wish to continue in the role forever and if the group is to continue someone is needed to step in. Our u3a is built on members getting involved as well as participating.

The ideal group is one where roles are shared and therefore the absence of one member will not adversely affect its running and some of our groups operate like this. In reality many groups rely on one or two members and can therefore be subject to disruption if that changes.

We now have a date for our Summer Garden Party - **22 July** - so get that in your diary now. It is to be held in the afternoon in the wonderful garden of Newcastle Court and free to members once again. Our Social Committee, led by Angela Parmar, will be beavering away to make it the usual spectacular success. More detail and calls for help and attenders will be coming soon.

*Jan Henderson*

# Park Nottingham u3a Calendar - May 2026

Date	Activity	Venue	Convenor
1st, 3.15 for 3.30pm	<b>Film Group</b>	Member's Home	Ian Henderson
4th ,4pm	<b>TED Talks</b>	Member's Home	Maureen Moffat
7th & 21st, 4pm	<b>Canasta</b>	Castle Tennis Club	Jane Ellis
8th , 10am	<b>Longer Walk</b>	Stanton-by-Dale	Andrew Martin
11th, 2pm	<b>Committee Meeting</b>	Castle Tennis Club	Graham Edwards
12th, 11am	<b>Music Appreciation</b>	Museum of Making, Derby	Jackie Fisher
13th, 11am	<b>Local History</b>	Haddon Hall	Graham Edwards
15th, 3.45pm	<b>Book Group</b>	Member's Home	Liz Gilder
16th, 10am	<b>Long Walk</b>	Baslow	Graham Edwards
18th, 2pm	<b>Photography</b>	Member's Home	Rod Mitchell
19th, 10.30am	<b>Monthly Meeting &amp; Talk- Stephen Booth</b>	Castle Tennis Club	Sarah Waites
19th, 3.45 for 4pm	<b>Mahjong</b>	Member's Home	Graham Edwards
20th, 3.45 for 4pm	<b>Science Seekers</b>	Member's Home	Adrian Hyde/ Reg Dennick
TBC	<b>Plants &amp; Picnics</b>	Member's Home	Marion Martin

One way to contact group leaders is to visit our u3a website (link at end of newsletter) and clicking on the convenor's name on the relevant group page. You can then type a message that will go straight to the inbox of the convenor

# Monthly Talk - April

## "Retrofitting our Homes"

Dr. Mike Siebert, well known to us as the chair of the NPRA, has spent his career developing and promoting affordable solutions to low carbon housing, building them through his company Ecologic Homes Ltd. and has written "Applying a Systems Thinking Approach to the Construction Industry" based on his Phd research. He explained that 'retrofitting' – the adaption of buildings to reduce their use of fossil fuels, either by making them more efficient or by changing the energy supply from gas to electricity – is a complex challenge that needs to involve governments and individuals making changes in the way we live and behave.

Change is never easy, especially when it involves cost, effort and inconvenience which is why we are struggling as individuals, as a country, as a planet, to make this transition. Climate Change is the ultimate 'wicked problem'. This term is used to define complex societal problems that cannot be resolved in the conventional sense, only resolved over time and in many different ways, by many people doing something.

The Park is particularly complicated. We are in a conservation area that does not always allow solar panels. Many of our roofs are high up and expensive to reach, shaded by trees and tall chimneys and rarely facing due south, all of which reduces their efficiency. Heat Pumps, the 'go to' solution for a low carbon heating system, need a well-insulated draught-proof house to be cost effective, and solid brick Victorian properties are tricky, but not impossible to retrofit. More appropriate technologies are on the horizon offering radically different solutions, like an InfraRed Fabric which can be wallpapered to your ceiling to emit radiant heat like the sun, if you can wait for that.

We know that people will do what they want to do but Mike has kindly offered to give advice if wanted at: [msiebert@ecologichomesconsultancy.co.uk](mailto:msiebert@ecologichomesconsultancy.co.uk). He has lived with this challenge for years and can help people to avoid pitfalls.

We have been recipients of another highly up to date, pertinent, expert talk from another resident. We are very lucky.

*Mike Siebert and Sarah Waites*

Next on 19th May is Stephen Booth who will give a talk entitled: 'Where the Bodies are Buried'.

Crime novelist Stephen Booth is the author of the best-selling Cooper and Fry series, set in and around the Peak District. His novels have won awards on both sides of the Atlantic, been translated into 16 languages, and are now a hit Channel 5 TV series. Stephen will talk about the magic of reading and what draws so many thousands of readers into his fictional world - from the popularity of his two Derbyshire police detectives, Ben Cooper and Diane Fry, to the Peak District locations which inspire his books.

Join us on 19 May, 10.30 for 11am at Castle Tennis Centre, Tennis Drive.

*Sarah Waites*

***Travel Notes - Rod Mitchell***

## **Harz Mountains: nature bites back.**

*The Harz Mountains cover a sizeable chunk of land in the German region (or 'bundesland') of Saxony-Anhalt. During the Cold War its highest point, the Brocken mountain (1147 metres) was the site of a Soviet listening station. Consequently, the surrounding area was forbidden territory.*

*Following reunification, the listening station closed and the Harz Mountains became a popular destination for hiking and other outdoor sports and activities. The ancient towns in the area, such as Wernigerode, Quedlinburg, Goslar and Halberstadt, underwent a major revival and are now year- round tourist destinations in their own right.*

*The area's chief attraction, in my view, is the Harzerschmalspurbahn, or HSB. This is a narrow gauge railway network comprising three lines, on which a good portion of the trains are steam-hauled. Naturally this attracts scores of rail enthusiasts and "trackbashers" from the UK and elsewhere.*

*I travelled with a Railway Touring Company group in February this year and recognised a few faces from my previous tours to the Harz Mountains: a Derbyshire couple told me they were on their 17th. trip! The tour was a sellout, following the news that steam-hauled trains out of Quedlinburg would cease from 3rd. March. HSB are now confining their steam operation to the Brocken line, with diesel railcars and replacement buses deployed on other services. Operating and maintaining steam locomotives is an expensive business and I guess HSB can only afford to run a portion of their 24 steam locos.*

*In 2019, on my first RTC tour to the Harz Mountains, the steam train from Nordhausen passed through wooded valleys and mountain slopes. 2026 large parts of the landscape are barren and strewn with the nude, grey husks of fallen trees. According to a Guardian article by Patrick Greenfield, this has been caused by a tree-killing bark beetle outbreak, made possible by successive droughts and heatwaves. The full article can be found via the link below:*

*<https://www.theguardian.com/environment/2026/jan/08/germany-forests-bark-beetle-spruce-co2-carbon-sink-monoculture-aoe>*



*Some areas have been unaffected, including the Selke Valley. On 28th February the RTC group travelled to Quedlinburg for a trip on one of the last steam hauled trains on the Selketalbahn. A ride on a steam train was the ideal way to enjoy the scenery of the Selke Valley, which is not spectacular but full of interest nonetheless, punctuated by stops at wood framed stations. A change of trains at Eisfelder Tahlmühle got us back to Wernigerode, thereby completing a circuit of the HSB network.*



*A number of companies, including RTC, operate tours to the Harz Mountains throughout the year. Those in December will include visits to the Christmas Markets.*

*As I mentioned in April's newsletter, train travel in Germany requires buckets of patience and some grasp of the language. After the tour ended I travelled from Wernigerode to Berlin, changing trains at Magdeburg.*

*From Berlin you can get flights to East Midlands and Luton Airports with Ryanair and Easy Jet respectively. I'd flown out with Easy Jet, but returned by train tho' it required a 5am start to allow for the inevitable delays. I recommend staying in Wernigerode as the trains to the Brocken start from there. 3- and 5-day rover tickets for the whole HSB network are available, starting at €130. A free pass for all the local buses ought to be offered by your hotel, enabling visits to Quedlinburg, Goslar and Halberstadt. Hiking, steam trains, medieval towns -what's not to like?*

## News from the Groups

### **English Language Group-** *Convenor, Margaret Wiederman*

With a shortage of jet fuel in prospect, now may seem a good time to take a holiday abroad, though there could be a niggling anxiety about the return journey. Venturing as far as the Colosseum in Rome this month and wishing to make a hasty exit from the crowds and heat, your representative was confronted by an exit sign that pointed in three different directions, confirming that we Brits are not the only nation to have confusing signage. No doubt the gladiators of old found it equally difficult to find an escape route. The incident prompted a gem from Basel Airport, where a sign at a T-junction invites travellers to turn left for France and Germany or right for Switzerland.

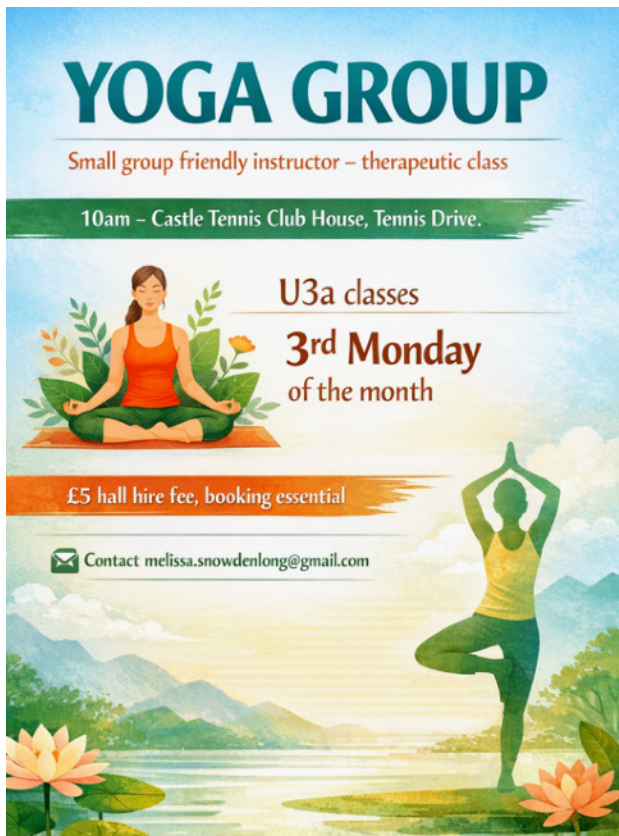


Meanwhile we note that Apple have introduced eight new "emoji". In English we tend to refer to "emojis" but the Japanese language has no plurals so "emoji" is correct. Delving further, we learnt that contrary to the popular belief that an emoji expresses an emotion, the Japanese word simply means a picture-character. And the corollary is that the word "kimono", meaning a "wear-thing", also has no plural, and the word "kimonos" reflects only English usage.

Nearer to home, the Nottinghamshire Live headline "*Every Nottinghamshire road being resurfaced this year*" provoked incredulity and finally comprehension as we realised the headline was a prelude to a list of proposed works, with the word "every" emphasising the list's completeness. Another local news story came from the BBC, announcing that "*A cordon has been lifted after a suspicious object was found in a park in Hucknall*". Surely something wrong with the chronology there? The article reported the intervention of "*Explosive Ordnance Disposal Engineers, colloquially known as the bomb*

squad". If you too enjoy puncturing official pomposity, join us by emailing [mjwh57@gmail.com](mailto:mjwh57@gmail.com).

## Yoga Group- Convenor, Melissa Long



*There will be no classes in May due to teacher on holiday*

[melissa.snowdenlong@gmail.com](mailto:melissa.snowdenlong@gmail.com)

## Local History Group - Convenor, Jane Morrell



*Imagine our surprise when we read Helen Teasdale's plan for the April visit of the group. Not only had she discovered a local National Trust property, unvisited by any of our members, but also free to all!! As you can imagine the booking was keen and hence today (Wednesday 15 April) over 20 of us assembled in the courtyard of **Grantham House**.*

*Fortunately we were split into two groups and whilst one group (see left) learnt about the history of the property the other was free to explore the extensive gardens and spend a few moments in the beautiful church of St. Wulfram (pictured right) which towered over the grounds.*

*There was a meadow which extended to the River Witham, a woodland walk with wildflowers and trees covered in blossom, a large lawn in front of the house and peaceful walled gardens with seats to sit and*



*contemplate nature. The planting is relaxed with semi wild flowers, forget me nots in abundance and white blue bells( which is rather a contradiction in terms).*



*When the Sedgwick sisters lived in Grantham Hall they were active supporters of the local church and that tradition continues today.*

*There was a “stations of the cross” walk in part of the walled garden (see below). The gardens encouraged photography but after the visit to the house I realised my phone had remained in my pocket. It was the people who lived in the house that were of interest rather than the house.*

*In 1054 a certain Edmond , who was super-rich, acquired land and built a fine dwelling and that is all that is known about him but there is an intriguing mystery. The property was built on Castle Street but archeologists can find no evidence of a castle!*

*Jump forward to 1450 and history now becomes facts. Thomas Hall , who held the lucrative and important position of “ Merchant of the Staple of Calais” built Grantham House from the wealth acquired from his involvement in the wool trade. The house now stayed basically in the same family (with change of name to Skipwith in 1600)*



*In 1700 Grantham House was sold for £850 to Richard Cust, whose wife Anne had 9 children, inherited Belton House in 1754 and so the extensive family lived between the two properties.*

*Interestingly, for a short time in the early 19th century Grantham House became a school for young ladies from rich families. The annual subscription was £3,000 per annum when a poor labourer would be delighted to earn £1000.*

*The house now passes to the Sedgwick family and in 1944 Winifred and Marion gave the property to the National Trust but remained in residence to their death. Distant relatives now take up residency until their death but had the same philosophy as the two Sedgwick sisters which stipulated that the house and land should be enjoyed by all free of charge.*

*This brings us full circle and our grateful thanks go to Helen for arranging this new and interesting experience for us.*

*Anne Hardy*

Our next trip is to **Haddon Hall on 13th May**, organised by Graham Edwards:  
[grahamedwards542@gmail.com](mailto:grahamedwards542@gmail.com)

## **MahJong** - Convenor, Graham Edwards

*Our meeting in April erred rather more on the social than game playing side. However we expect to resume a full afternoon of game playing at our next meeting on **May 19th**. We will meet as usual at the home of one of our members.*



*Members already on the MahJong mailing list as well as those in our WhatsApp group will receive an email nearer the time, detailing the arrangements for the meeting.*

*If you would like to know a bit more about the game, or if you are interested in joining us, please email me using the address below. I can also offer you a complimentary copy of the u3a rules for Mah Jong to help you learn the game.*

[grahamedwards542@gmail.com](mailto:grahamedwards542@gmail.com)

## **Film Group**- Convenor, Ian Henderson

*'How to Make a Killing' was our April film but it was not an apt title for a film hoping to garner a box office bonanza. A loose remake, shifted to the USA, of the Ealing Studios 1949 gem 'Kind Hearts and Coronets' it failed to win over the group.*

*The original had a sardonic humour and Alec Guinness playing eight disparate roles and while we were not expecting the new film to reach those heights it was not even close. The wit was largely absent, with a vacant central performance by Glen Powell as a man murdering his way through his relatives to inherit the family billions. A bit like a TV film. One redeeming feature was Margaret Qualley's performance as an amoral love interest.*

**HOW TO MAKE  
A KILLING**



*We found it bland and disappointing in the main with a few stronger verdicts offered - it was OK but no more for most of us and it scored a lowly **4.5/10**.*

*Next is '**Rose of Nevada**' a low-budget British film set in a fishing community in Cornwall. A boat that had been missing for thirty years reappears in the harbour and two seamen take it out for a trip. They return to the harbour as it was thirty years ago. An intriguing premise is no guarantee of a good film but the critical response so far has been positive.*

It screens from 24 April and we meet on **1st May, 3.15 for 3.30pm** to share our views.

## **Music Appreciation Group** - Convenor, Jacky Fisher

The group had a trip to Peggy's Skylight where we listened to an amazing group of musicians played some very engaging music. The lead was a saxophonist with among others, a double bass, percussion, and trumpet. Despite us sitting very close to them, they were excellent musicians and we all enjoyed it and ate some tasty food as well. Our next event is on **Tuesday 12 May** when we are going on a trip to the Derby Museum of Making where, after looking round the fascinating museum, we will attend a concert at 2pm where we will listen to a horn trio playing music by Brahms, Beethoven and Clara Schumann.

**New members to the group would be welcome.**

[gandjfisher23@gmail.com](mailto:gandjfisher23@gmail.com)

## **Long Walks** - Convenor, Graham Edwards

### **Radcliffe on Trent circular**

*Much like last time, we managed to organise a walk on a chilly, breezy overcast Spring Day, although the forecast had led us to expect something better. Despite that 9 of us got ourselves to the middle of **Radcliffe** (by bus and car) to walk this circular route out to **Shelford** and back.*



*A gentle stroll past the recreation ground led us to the steep steps up onto Radcliffe Cliffs with views across the river and the caravan site. We diverted from the path down to the nature reserve by the river with its birdlife and lily ponds, before clambering back up. We then headed into the wind along the banks of the Trent, before turning near the Stoke Ferry crossing, aiming for Shelford, the midpoint of the walk.*

*Having walked through the village, our route led us across fields climbing gently back up onto the Cliffs. From there it was a simple matter of retracing our steps back into Radcliffe.*

*'The Manvers', a large, very warm, but strangely quiet pub provided with a simple lunch before the bus home. Overall a pleasant walk of about 6 miles on a breezy, overcast Spring day.*

*Now that the weather is warming up (and is much drier) and despite the uncertainty over petrol availability, I have decided to venture out into Derbyshire for our **26th May** walk.*

*This is a new walk for us, a circular from **Baslow** via Pilsley, the Chatsworth Farm Shop and the Chatsworth House and Estate.*

*We will drive to Baslow, walk the 7 mile route, with plenty of opportunities for refreshment breaks and expect to finish around 3 and be back in Nottingham for 4pm. The walk is undulating rather than hilly.*

*I will be sending out full details during May to those on the Long Walks mailing list. If you are not on the list, and would like to join to receive updates on our walks, please let me know.*

[grahamedwards542@gmail.com](mailto:grahamedwards542@gmail.com)

## **Longer Walks** - Convenor, Andrew Martin

At the end of April, in perfect walking weather (blue skies, not too windy, not too warm), we repeated to a route that which was the second walk we ever did as the u3a Longer Walks Group, in August 2020. This 14.3 -mile circular route, with 2500 feet of ascent, starts and finishes at **Whatstandwell** in Derbyshire. It includes visits to the summit of Black Rocks (Bole Hill) near Cromford, and High Tor and Riber Castle above Matlock, before a gradual undulating descent back south towards our start point at Whatstandwell.



We called the route “**South of Matlock**” and, from its high points, we had excellent views across **Cromford**, then **Matlock** itself and **Tansley**. A team of four members took on the challenge. I promised them that it would be a memorable day, and hoped this would be for the right reasons!

Highlights included a herd of alpacas on our first ascent,

climbers at **Black Rocks** attempting one of Britain’s hardest climbs, Gaia E8 6c (if you know, you know!), and peeking out over the top of High Tor to see climbers near the ground. The woods were perfect, with bluebells in abundance. We could smell the wild garlic before we found it, its white blooms emerging in the sunshine. The dappled shade will soon develop into full leaf cover, providing cool conditions in the warmer weather. This threshold season is a very good time to explore the Peak District woodlands. It was good to complete such a demanding walk, and similar opportunities will be offered from time to time, possibly in addition to the walks listed below.





The Longer Walks group have expressed their appreciation for getting advanced notice of dates and venues for the months ahead, so I present them here for general consideration. The May walk is very soon!

### **Friday 8th May - Dale Abbey**

We last walked this 8.3-mile circular route in June 2024. The walk starts out along the high ridge from Stanton by Dale to Ockbrook, then heads north to Dale Abbey before returning across the fields to the start. Transport will be by car.

### **Friday 26th June - Keyworth to Nottingham**

This route is still at the planning stage but will combine a traverse of the Nottinghamshire Wolds with a walk along the Grantham Canal and **a traverse of the new pedestrian/ cycle bridge** across the River Trent. The bridge opens officially at the start of June.

### **Friday 24th July - Charnwood**

It's tempting to head back to the Peak District, but this is the last day of school term. Traffic jams!

### **Friday 14th August Back to the Peak District**

Another early-month date.

If you would like to know more about these walks and be included on the Longer Walks email list, please contact me using the email address [u3aparkwalks@gmail.com](mailto:u3aparkwalks@gmail.com)

## **Science Seekers** - *Convenors, Adrian Hyde & Reg Dennick*

*In March the Science Seekers invited Trevor Smith from Ravenshead u3a to give a talk on The Science of Cheesemaking. This was the result of contacting local u3a science groups to see if they were willing to 'swap' talks and it has led to some useful connections that could widen the range of talks available to us. In his talk he described the sequence of events that occur when milk, derived from cows, sheep, goats or camels, is split into curds and whey by natural fermentation and the use of rennet, and then converted into cheese. He then illustrated this process with two videos of cheese making in two different environments. Although Trevor did not discuss the biochemistry or microbiology behind this ancient process it was an interesting talk that led to a lively discussion.*

**Our next talk, on the 20th May, is by Catherine Haines: "What can we learn about science from literature?" Catherine wants her talk to include an interactive discussion, and before coming to the session she would like you to reflect on Frankenstein, Sherlock Holmes and Brave New World. So, homework!**

Reg Dennick

## **Plants and Picnics-** *Convenor, Marion Martin*

No face-to-face meeting to report on this month, but there has been plenty of activity on our WhatsApp group.

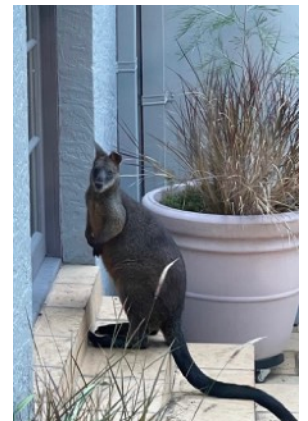
It's that time of year when the garden suddenly bursts into life, and members have shared images of their spring favourites, including the much under-rated dandelion. This triggered lots of comment, and memories of favourite recipes, like dandelion and burdock. The question was raised as to whether they were worth adding to salads, but after a taste test by one intrepid member, the conclusion was that other better leaves were available, so maybe not. We have also shared ideas for summer planting, including suggestions for shade, and for container planting.



Some of our members have been off on exotic travels, so as well as the lovely blossom in our own gardens at home, we have been treated to beautiful pictures of blossom in Japan, which looks quite stunning.

Members have also shared images of their garden visitors. At home, this included ducks, and a heron. The heron has visited at least two member gardens, and looks magnificent,

but has a taste for frogs and goldfish, so there were some less desirable consequences of this visit. Perhaps our most exotic contribution, however, came from a former member of this group, treating us to a video of a swamp wallaby passing through her garden in Sydney - you don't get many of those in The Park!



So all in all, despite not meeting in person, there has been lots of plant activity, and this group has cast its net far and wide across the globe. We are now all looking forward to the season ahead.

If you are interested in joining this group, please contact Marion Martin at [PNu3aPandP@gmail.com](mailto:PNu3aPandP@gmail.com)

## **Book Group-** *Convenor, Liz Gilder*

We turned to a classic this month when the book group read “**Madame Bovary**” by *Gustave Flaubert*. As usual we started with a presentation on the author, a French novelist who has been admired or written about by almost every major literary personality in the 20th century. He took 5 years to write this, his first novel, apparently in response to a couple of friends who didn't like his earlier work and challenged him to avoid flowery language and fantasy and to write about ordinary people in mundane situations.

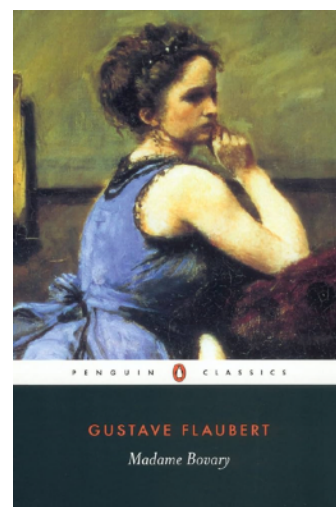
When first published the book was initially followed by more scandal than admiration. However, eventually his genius in being able to represent a truthful description of life was recognised, and he is considered the most influential French Realist. People acknowledge that in literacy terms, there is a time before Flaubert and a time after him.

The book itself prompted a very lively discussion around the themes of gender equality, sexual exploitation, greed and a lack of scruples amongst others. Almost all the characters were felt to be unlikeable and unsympathetic, with the main protagonist being described as unpleasant, childish, selfish, superficial, self-obsessed and hysterical!

However people in the group were mainly seduced by the precise style of writing, very passionate and erotic in parts, which painted amazing verbal pictures and moving descriptions. The incisive characterisation of people and insights into their changing relationships led to an overall score of 8/10 from the group, not an easy read but worth the challenge!

Our book choice for **15th May** is “**The Glassmaker**” by **Tracey Chevalier**. Do read along with us if you're not in the group, or even consider joining us as we have room for a couple more in the group. Contact Liz Gilder at [e.gilder@peoplemarketing.co.uk](mailto:e.gilder@peoplemarketing.co.uk) if interested.

*Jean Henderson*

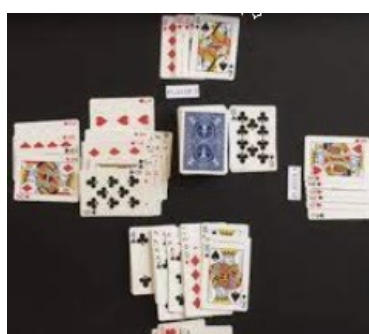


## **Dining Group -** *Convenor, Adrienne Lee*

Our outing to 'Fletchers' at People's College is on **30 April**, so will be included in the next newsletter.

*Ian Henderson*

## **Canasta Club** – *Convenor, Jane Ellis*



Our meetings in May are on **Thursday** **7th and 21st**, starting play at **4.00pm** (setting up from 3.45pm) and finishing at **6.00 pm**.

Once again, if you are interested in joining the group or would like to come along for a taster session, please

contact Jane Ellis at [jane.ellis21@outlook.com](mailto:jane.ellis21@outlook.com).

Tea/coffee and excellent biscuits are included in the fee and are served at the beginning of the meeting. Previous experience is not essential, and we offer taster sessions for £5 per session. We are a very friendly group and many of our more experienced players are happy to impart the rules of the game and for everyone to join in.

**TED Talks** - *Convenor, Maureen Moffatt*

Our next meeting is on Tuesday **May 5th, 4pm**

We will be discussing '**How To Think In The Age Of AI**' presented by Steve Houpt . Available via YouTube or BBC Sounds.

This is relatively new as it was broadcast 1 month ago. It is only 16 minutes long. Of course, if this piques your interest, I suggest you have a look at a few different ones as well as they all cover the subject from quite different angles.

I am sure this is going to stimulate a good conversation.

Please let me know if you can come. There will be cake...

[Mo.moffatt@gmail.com](mailto:Mo.moffatt@gmail.com)    07496149721

## **Useful Contacts**

Ian Henderson, Chair: [chair2.parknottinghamu3a@gmail.com](mailto:chair2.parknottinghamu3a@gmail.com)

Sue Keen, Vice Chair: [sookeen@btinternet.com](mailto:sookeen@btinternet.com)

Barrie Shay, Membership Secretary: [barrieshay@icloud.com](mailto:barrieshay@icloud.com)

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**Editor's note:** If you are reading the newsletter on your computer, tablet, or phone, you will find that all email addresses in blue *italics* are live and can be clicked to send a message. Similarly, where a link to an internet web page is offered, the blue italics indicate that this is a live link and will take you straight to the page.

**Contributions for the June Newsletter should be sent to the editor,**

**Ian Henderson, by Sunday 24th**

**May by emailing:**

[parku3anewsletter2@gmail.com](mailto:parku3anewsletter2@gmail.com)